



WEEKLY MENU SELECTIONS

MONDAY

5/06

Hot Entrée

Tomato Soup
Grilled American
Cheese
Baked French Fries
Roasted Cauliflower

Salad

American Macaroni
Salad

TUESDAY

5/07

Hot Entrée

Roast Turkey
Crispy Baked Tofu
Mashed Potatoes
Steamed Green Beans
Butter & Egg Dinner Roll

Salad

Caesar Salad

WEDNESDAY

5/08

Hot Entrée

Baked Chicken
Tenders
Plant Based "Chicken
Tenders"
Baked Sweet Potato

Salad

Garden Salad with
No Dressing

THURSDAY

5/09

Hot Entrée

Mongolian Beef
Mongolian Tofu &
Vegetables
Steamed White Rice
Steamed Broccoli
Egg Roll

Salad

Cucumber
Salad

FRIDAY

5/10

Hot Entrée

Cheese French Bread
Pizza
Pepperoni French Bread
Pizza
Steamed Broccoli
Potato Chips

Salad

Garden Saled
with no
dressing

If you have questions or special dietary needs, please contact Jason Nickerson @
Jason.Nickerson@Compass-USA.com

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WEEKLY MENU SELECTIONS

MONDAY

5/13

Hot Entrée

Beef & Broccoli Stir Fry
Tofu Broccoli Stir Fry
Steamed Rice
Egg Roll

Salad

Chinese Chicken
Sun Butter Dressing

TUESDAY

5/14

Hot Entrée

Chili Lime Chicken Tacos
Vegetable Taco,
Cheddar, Corn Tortilla
Pinto Beans
Steamed Zucchini

Salad

Traditional Potato
Salad

WEDNESDAY

5/15

Hot Entrée

Beef Bolognese
Sauce
Revved up Marinara
Sauce
Spaghetti
Roasted Broccoli
Garlic Bread

Salad

Caesar Salad

THURSDAY

5/16

Hot Entrée

Three Cheese
Quesadilla
Mexican Rice
Roasted Butternut
Squash

Salad

Garden Salad
with no dressing

FRIDAY

5/17

Hot Entrée

Barbecue Chicken
Thighs
BBQ Tofu
Southern Style
Biscuit
Traditional
Coleslaw

Salad

Tomato
Cucumber
Salad

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WEEKLY MENU SELECTIONS

MONDAY

5/20

Hot Entrée

Orange Flavored
Chicken
Snow Pea and Tofu
Stir Fry
Vegetable Stir Fried
Rice
Gala Apple

Salad

Tomato
Cucumber
Salad

TUESDAY

5/21

Hot Entrée

Grilled Flank Steak
Couscous Stuffed
Peppers
Roasted Fingerling
Potatoes
Roasted Carrots
Oranges

Salad

Florentine
Pasta Salad

WEDNESDAY

5/22

Hot Entrée

Creamy Mac &
Cheese
Sauteed Spinach
Grilled Corn on
the Cob
Blackberries
Low Fat Vanilla
Yogurt

Salad

Greek Salad

THURSDAY

5/23

Hot Entrée

Scrambled Eggs
Pork Sausage
Bacon
Chocolate Chip
Pancakes
Cereal, Cocoa Krispy
Bowl
Cubed Cantaloupe

Salad

Chunky Vegetable
Salad

FRIDAY

5/24

Hot Entrée

All Natural Beef
Burger, Bun
Homemade Black
Bean Patty
Hot Dog (small)
Potato Chips
Watermelon

Salad

Traditional
Cole Slaw

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